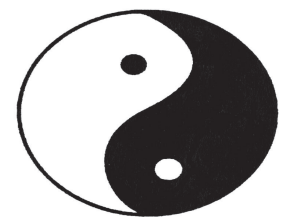


**MARK YOUR CALENDARS!!!**

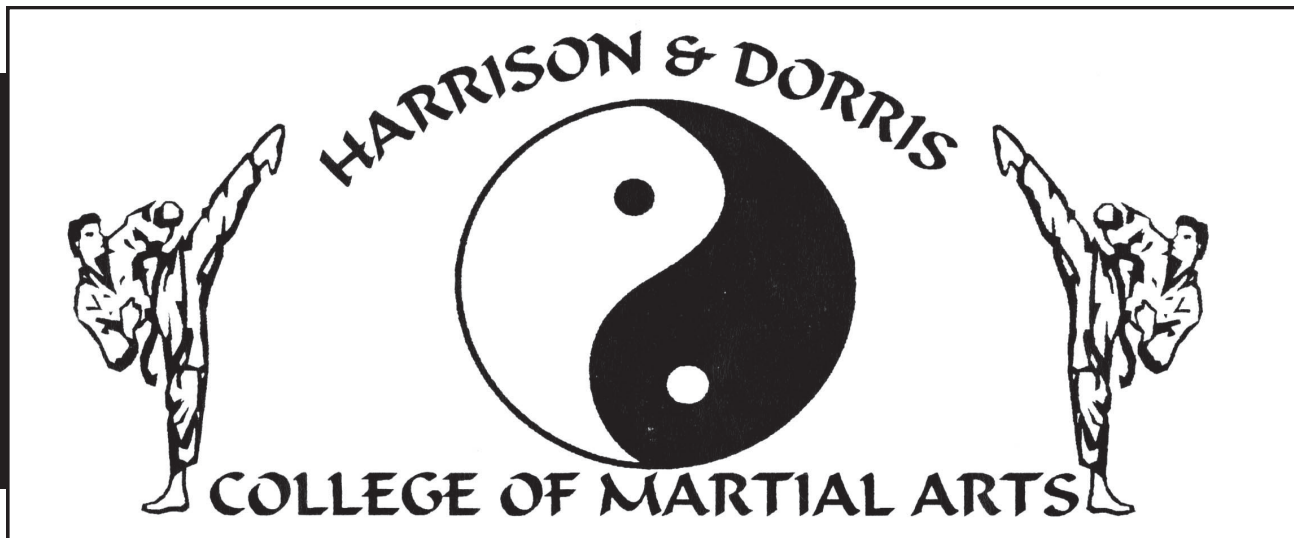


# 2013

## Douglas Grose Memorial Martial Arts Tournament

Sponsored by:

**Ms. Vera Harrison**



### Saturday, August 10, 2013

FRIDAY NIGHT, AUGUST 9 - SEMINAR 6 P.M. - 9 P.M.

**8:00 a.m. – 6:00 p.m.**

**First English Lutheran Church**

725 E. Forrest Hill Ave., Peoria, Illinois

Arbitrary Official - Vera Harrison



**EVENTS:**

Tae Kwon Do (or similar style)  
Forms  
Olympic Sparring  
Tag Team

Karate (or similar style)  
Forms  
Point Sparring  
Tag Team

COMBINED EVENTS  
Breaking  
Weapons

**NEW DIVISION THIS YEAR - MASTERS DIVISIONS FOR KARATE AND TAE KWON DO**

Special Events Division (formerly Special Olympics)  
Grappling: NO GI (Wrestlers are welcome MUST follow grappling rules)

**Points will be tabulated for the AJKAI, IOBK and the ALLIANCE**

**FOR MORE INFORMATION Contact: Vera Harrison at (309)251.8588  
PLEASE DO NOT CALL THE CHURCH**



**ATTENTION ALL MARTIAL ARTISTS AND  
NON MARTIAL ARTISTS!!!**

**MARTIAL ARTS SEMINAR  
FRIDAY AUGUST 9, 2013  
6 P.M. - 9 P.M.**

**Introducing: Colonel James Gifford, Jr.  
San Antonio-Randolph, Texas**

**7th Dan Shinto Yoshin Ryu Jiu jitsu  
and  
Shinmei Shorin Ryu Karate**



Mr. Gifford will be teaching classic Okinawan Bunkai as applied to Jiu-Jitsu and Self Defense.

Beneficial for all Martial Artists, Non-Martial Artists Military, and Law Enforcement Male and Female.

**COST IS ONLY \$40 TO PARTICIPATE AND \$5 FOR SPECTATORS  
PLEASE MAKE ALL PAYMENT PAYABLE TO VERA HARRISON  
IF MAILING PAYMENT, PLEASE MAIL TO:  
HARRISON & DORRIS COLLEGE OF MARTIAL ARTS.....1748 N. SHERIDAN RD.  
PEORIA, IL 61604**

NAME \_\_\_\_\_ AGE \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_  
STATE \_\_\_\_\_

PHONE \_\_\_\_\_

Please check one: Martial Artist \_\_\_\_\_ Non Martial Artist \_\_\_\_\_ Military \_\_\_\_\_  
Law Enforcement \_\_\_\_\_ Security \_\_\_\_\_

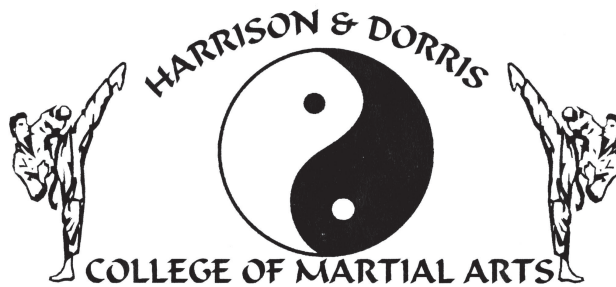
**UNIFORMS NOT REQUIRED, PLEASE WEAR CLOTHING THAT YOU CAN MOVE AROUND  
COMFORTABLY IN.**

I have read and understand this release, and do hereby release and discharge any and all rights and claims for any damage which I may have or which may occur to me, against Vera Harrison/Mary Dorris/Harrison and Dorris College of Martial Arts, First English Lutheran Church and any Instructors in this seminar I am participating at my own risk and I am physically and mentally fit for these events.

I also agree that Vera Harrison/Mary Dorris/Harrison and Dorris College of Martial Arts, First English Lutheran Church, James Gifford and any Representatives or officials involved in this seminar are not liable for any harm incurred to or on my person in the course of travel to and from this event.

Participant Signature or \_\_\_\_\_  
Responsible Adult if participant is under age 21.





# Douglas Grose Memorial Martial Arts Tournament

Saturday, August 10, 2013

First English Lutheran Church, 725 E. Forrest Hill Avenue, Peoria, Illinois

• All styles of Martial Arts welcome •

## Events:

Grappling/Forms/Weapons/Breaking/Olympic Sparring/Point Sparring/Special Athletes/Tag Team Competition (Olympic Sparring & Point Sparring)

Mighty Mites & Special Athletes, 50 and over division M/F Grand Champion Sparring (Black Belt adult only (18 and over) M/F Olympic Sparring and Point Sparring.

Overall Form award for Black Belt Division (18 & over Karate and Tae Kwon Do).

## Registration:

8:00 a.m. til start of Tournament

Harrison & Dorris School Monday/Wednesday/Thursday 6:00 p.m. – 8:00 p.m.

Fees*:	Competitors:	1-2 Events .....	\$50.00
		3 Events .....	\$60.00
		4 Events.....	\$70.00
		5 Events.....	\$80.00
		6 Events.....	\$90.00
		Tag Team .....	\$60.00 per team
	Spectator:	Adult (10 & over) .....	\$6.00
		Children & Senior Citizens.....	\$4.00
		3 Years & Under .....	Free

**NOTE: The sponsors assume no responsibility or liability for any injuries, property damage or any losses that may be sustained or incurred while attending, participating or traveling to or from the tournament.**

**\*Certified Checks or Money Orders accepted. NO refund of money once registered.**

**\*Cash only on day of tournament.**

## Equipment:

**Safety Equipment Mandatory** Participant must provide own: Head Gear, Chest Protectors, Shin/Instep, Fist/Forearm Guard, Support Cup (all males) and mouthpieces. All equipment listed is MANDATORY and MUST be worn during all sparring events!!! Shin and Instep must be covered to spar! Chest Guard Optional for Point Sparring..NOT required.

\*SEE ATTACHED SHEET FOR POINT SPARRING RULES AND DIVISIONS AND TAG TEAM RULES, DIVISIONS & ENTRY FORM

\*Please Note: Tournament Director reserves the right to combine ages and/or rank.

Tournament Times: (start with grappling)

GRAPPLING 9:00 A.M.

Black Belt Meeting: 10:00 A.M.

Tournament eliminations begin 10:30 A.M. SHARP!

Awards: Awards will be of the same quality as 2012 with 1st through 4th places in all Adult Divisions. 1st through 8th places all kids.

If you have any questions please contact us at (309)251.8588 Monday, Wednesday, Thursday: 5:30 p.m. – 8:15 p.m.

Tournament Director: Vera Harrison

Mail all entries to:  
Harrison & Dorris  
College of Martial Arts  
1748 N. Sheridan Road, Peoria, Illinois 61604  
Douglas Grose Memorial Martial Arts Tournament  
Open Invitation — All Schools and Styles Welcome

**Please make all payments payable to Vera Harrison**

Registration Time: Beginning 8:00 a.m. • Tournament Time: 10:30 a.m. SHARP!

PRE-REGISTRATION IS NOT MANDATORY BUT IS GREATLY APPRECIATED

**Please print all information.**

Competitor's Name: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone: (     ) \_\_\_\_\_

Age: \_\_\_\_\_ Sex: \_\_\_\_\_ M \_\_\_\_\_ F Rank: \_\_\_\_\_

Martial Arts School Name: \_\_\_\_\_

Instructor's Name: \_\_\_\_\_

School Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone: (     ) \_\_\_\_\_

**PLEASE CHECK HERE IF SPECIAL ATHLETE:**

**PLEASE CHECK HERE IF MASTER'S DIVISION:  (Please see page 7 regarding this division.)**

Events:

**FORMS  WEAPONS  BREAKING  OLYMPIC SPARRING  POINT SPARRING**

**GRAPPLING**

Entry Fees: One or Two: \$50.00 Three: \$60 Four: \$70 Five: \$80 Six \$90 Tag Team: \$60.00 per team

• Tag Team must pre-register. See last page of this flyer.

**LIABILITY RELEASE**

I have read and understand this release, and do hereby release and discharge any and all rights and claims for any damage which I may have or which may occur to me, against Vera Harrison/Mary Dorris/Harrison and Dorris College of Martial Arts, First English Lutheran Church and any Representatives or officials involved in this tournament. I am competing at my own risk and I am physically and mentally fit for these events. I have consulted with my physician and am able to participate. I, the participant assume all risks, including injury and death, I understand that sparring is a contact sport and by participating I may incur injury. By signing this document, I agree to waive any and all claims against the afore mentioned.

I also agree that Vera Harrison/Mary Dorris/Harrison and Dorris College of Martial Arts, First English Lutheran Church and any Representatives or officials involved in this tournament are not liable for any harm incurred to or on my person in the course of travel to and from this event.

Signature of Competitor: \_\_\_\_\_ Date \_\_\_\_\_

Or responsible Person/Guardian if competitor is under **age 21**.

# GRAPPLING RULES

## A. Tournament Rules:

- No professionals;
- No striking at your opponent with any part of the body;
- No biting, pinching, fish-hooking, hair pulling, eye gouging or pressure points;
- No techniques that involve bending or attempting to break fingers or toes or the small joints;
- No slamming of opponent or throwing to the ground as a means to pass the guard.

Competitors will be disqualified from the match if they attempt to injure their opponents by twisting the neck or by lifting opponents and throwing them on their back to the ground etc. or where there is an infraction of the tournament rules. There will be warnings for competitors intentionally rolling out of the ring, stalling (not actively seeking submission or a dominate position) and demonstrating a lack of desire to engage in combat. Three warnings will result in a disqualification.

## B. Techniques Summary:

Striking with any part of the body is prohibited. Competitors found to be with intent to strike or cause harm to their opponent will be disqualified and asked to leave the venue.

The following techniques are permitted:

**Chokes:** Any choke that renders the opponent into submission.

Chokes can be applied with either the arms, legs, or with clothing. Competitors cannot apply chokes by directly squeezing opponent's throat with hand or pushing against throat to cause loss of breath. Ways of submission can be from side, front, and from behind.

**Joint Locks:** Any technique where pressure is applied against a joint forcing opponent to submit.

Competitors are permitted to use standard arm locks, inverted arm locks, shoulder locks, wrist locks, foot locks, and straight knee locks. Techniques which require twisting of the joint are allowed, but must be controlled.

If you cannot escape from a technique and are experiencing discomfort, submit by visibly tapping the ground or opponent.

We encourage sportsmanship and competitive spirit, so please, if you feel that your move or application is in any way going to harm your opponent, carefully monitor your opponent's reaction.

## C. Matches:

The referee will give an overview of the rules to the whole division at one time, at which time you may ask questions. When called to your match, the referee will remind you of the basics. Competitors will begin their match on their feet and then will be instructed to engage. Competitors will not be separated once the match goes to the ground unless submission occurs, time expires, either or both competitors go out of bounds, a competitor is called for stalling, or the referee stops the match for any other reason.

Should you go outside the ring, the referee will stop the time and tell you to maintain your position at which point he/she will drag you back to the center and start time again.

Submission will win the match. Submission is achieved when opponent visibly taps out (either by tapping opponent or mat with hands) due to inability to escape technique that results in a degree of discomfort. The match will also end if a competitor's coach throws in the towel.

Each match will consist of (1) one five-minute round. If neither competitor submits in the (5) five-minute round, then there will be a (1) one-minute rest followed by 1 (2) two minute overtime. If neither competitor submits after the overtime, advantage will be determined by the referee. The referee has absolute and final decision. Advantage will be based on: any take down without technique; any attempt at choke, arm lock, or near submission; reversal of fight without technique; person with more aggressive stance.

## D. Attire and Safety Equipment:

Mouth guards and groin protectors are required. Knee pads and head gear are recommended, but not required. No protective gear shall contain metal or hard plastic substances of any sort. No rough, torn or loose equipment will be permitted.

Competitors may use no more than two layers of supportive tape. No grease of any kind on the face or body will be permitted.

Competitors with long hair should tie it behind their head. The nails must be filed properly and cut short. Proper hygiene is in order.

No jewelry is permitted while competing. A clean martial arts uniform may be worn, but a tee shirt must be worn underneath the uniform top. You may also wear a tee shirt and shorts or uniform pants. If your clothing becomes bloodied or torn, you will be asked to replace it immediately or forfeit the match. High-top wrestling shoes are optional. No other type of shoe will be permitted.



## GRAPPLING RULES (cont'd)

### E. Divisions:

Competitors will be grouped in divisions based on age, weight, and skill level. Weight divisions will be used as needed. Basically, weight will be divided as light weight as 169.15 and under and heavy weight as 170 and over, dividing into groups as needed. A middle weight group will be created if needed. Competitors will not be weighed in, but the referee will size them up in the ring. Divisions may be combined or further divided, depending on the number of competitors. Exhibition matches will be permitted with coach's/parent's permission.

### Age Groups:

Boys & Girls: 6 and under, 7 – 9, 10 – 12

Boys: 13 – 15; Girls: 13 – 15

Men: 16 – 34, 35 and over; Women: 16 – 34, 35 and over

### Skill Level Breakdown:

The essence of any competition relies on the fairness of the contest. We encourage competitors to enroll at the skill level they feel will offer the highest challenge. By enrolling in a division that is easy for you, you not only deny competitors a fair match but also deny a chance for you to test your true abilities.

**Beginner:** Those competitors who have limited experience with grappling.

Usually someone in this level has been practicing for up to (6) six months. Competitors here have a limited number of techniques on the ground and really have no previous wrestling experience. Regardless of your ranking in any other Martial Art, your amount of focus on grappling is important. Should you not practice grappling regularly, this is your skill level. In addition, individuals with wrestling experience not at a competitive level qualify at this level. If you have ever taught grappling or competed in public events where grappling is involved, you do not qualify in this division.

**Intermediate:** Competitors who feel very comfortable with grappling.

Individuals possess a fair amount of techniques to reverse, control and submit their opponents. Individuals here have trained anywhere from (6) six months to (2) two years.

Competitors who have previously won a novice division must enroll in this level.

Wrestlers with tournament experience and provincial ranking should enroll here.

Grappling experience must be possessed but not yet refined. If you have competed in public events where grappling is involved, you must register here or higher.

**Advanced:** Competitors who have been grappling for quite some time.

Knowledge of various ground techniques is substantial. Tournament experience is sufficient, and training is plentiful.

Intermediate winners should consider enrolling here.

Competitors do not necessarily need to possess the above qualifications but must consider their opposition will be well versed in grappling and have years of experience behind them.

**NEW THIS YEAR.....MASTER'S DIVISION**

**IF YOU ARE A MASTER IN KARATE (6TH DAN AND ABOVE) OR IN TAE KWON DO (4TH DAN OR ABOVE) YOU MAY COMPETE IN THE MASTER'S DIVISION.**

**PLEASE NOTE, IF YOU COMPETE IN ONE EVENT AS A MASTER, YOU MUST COMPETE IN ALL EVENTS AS A MASTER.**

**KARATE AND TAE KWON WILL COMPETE SEPARATELY.....**

**KARATE EVENTS:**

**Forms  
Weapons  
Breaking  
Point Sparring  
Point Sparring Tag Team**

**TAE KWON DO EVENTS:**

**Forms  
Weapons  
Breaking  
Olympic Sparring  
Olympic Sparring Tag Team**

**PLEASE BE SURE TO MARK ON REGISTRATION FORM IF COMPETING IN THIS DIVISION**

## FORMS • WEAPONS

### FORMS

#### WOMEN

AGE	DIVISION
(16-34)	Black Belts and Red/Black Belts
(35-49)	Brown, Red,
(50-60)	Purple, Blue
(60-70)	Orange, Green
(70 and over)	White, Yellow

#### MEN

AGE	DIVISION
(16-34)	2nd Dan & Above Black Belt (Only)
(16-34)	1st Dan Black Belts and Red/Black Belts
(35-49)	Brown, Red
(50-60)	Purple, Blue
(60-70)	Orange, Green
(70 and over)	White, Yellow

#### CHILDREN

##### Boys and Girls SEPARATE

AGE GROUPS	DIVISION
Mighty Mites	3 and 4 years. All belt ranks
	5 and 6 years. All Belt Ranks
(7, 8, 9)	Black Belts and Red/Black Belts
(10, 11, 12)	Brown, Red, Purple, Blue
(13-15)	White, Yellow, Orange, Green

### WEAPONS

#### ADULTS (16 and older) MEN & WOMEN SEPARATE

Black Belts and Red/Black Belts  
Brown, Red, Purple, Blue  
White, Yellow, Orange, Green

#### CHILDREN (15 and under) BOYS & GIRLS SEPARATE

Black Belts and Red/Black Belts  
Brown, Red, Purple, Blue  
White, Yellow, Orange, Green

### RULES FOR FORMS AND WEAPONS

1. Competitors score no less than 6 and not more than 10 (Average = 7.5).
2. Competitors may have 3 trys (Kyu belts) but after 1st try, judges will subtract .2 point for each additional try.
3. Adult BB 2 trys only after the 1st try, judges will subtract .3 point for each additional try.



## BREAKING

Men: (16 and older)  
2nd Dan Black Belts & Above  
1st Dan Black Belts Red/Black Belts  
Brown, Red, Purple, Blue  
White, Yellow, Orange, Green

Women: (16 and older)  
Black Belts and Red/Black Belts  
Brown, Red, Purple, Blue  
White, Yellow, Orange, Green

Children: (15 and under) Boys and Girls SEPARATE  
Black Belts and Red/Black Belts  
Brown, Red, Purple, Blue  
White, Yellow, Orange, Green

ATTENTION: Wood only for breaking due to competition gym floor.  
Competitors must provide own wood.

4 board maximum — Color Belts (three stations only)

8 board maximum — Black Belts (no more than five stations)

***For safety of competitor, only 2 attempts allowed (one minute setup time)!***

## BREAKING RULES

**PLEASE BE SURE YOU READ AND UNDERSTAND THESE RULES BEFORE  
BREAKING COMPETITION BEGINS.**

**For safety of competitor, only 2 attempts allowed (one minute setup time)!**

**When the competitor has completed their breaking, they will be classified as A, B or C**

**A - The competitor broke all boards on their first try. (score on difficulty of break)**

**B - They missed one break (score on difficulty and missed break)**

**C - They missed the second time.(score on difficulty and missed break)**

**AFTER CLASSIFICATION, IF MORE THAN ONE COMPETITOR IS IN THE SAME CLASS, THE  
JUDGING THEN IS BASED ON DIFFICULTY OF BREAK.**

**PLEASE NOTE: DIFFICULTY IN SCORING WILL ALSO INCLUDE SIZE AND THICKNESS OF  
WOOD.**

OLYMPIC SPARRING  
(Tae Kwon Do or Similar Style)q

NOTE: Competitors may only compete in one age division for fairness to all.  
Tournament for sparring is continuous sparring. See attached sheet for point sparring and tag team.

CHILDREN

Mighty Mites 3 and 4: All Belt Ranks  
Boys & Girls 5 and 6: All Belt Ranks  
(Boys & Girls Separate)

7, 8, 9 YEAR OLD: BOYS  
Black Belts and Red/Black Belts  
Brown, Red, Purple, Blue  
White, Yellow, Orange, Green

7, 8, 9 YEAR OLD: GIRLS  
Black Belts and Red/Black Belts  
Brown, Red, Purple, Blue  
White, Yellow, Orange, Green

10, 11, 12 YEAR OLD: BOYS  
Black Belts and Red/Black Belts  
Brown, Red Purple, Blue  
White, Yellow, Orange, Green

10, 11, 12 YEAR OLD: GIRLS  
Black Belts and Red/Black Belts  
Brown, Red, Purple, Blue  
White, Yellow, Orange, Green

13, 14, 15 YEAR OLD: BOYS  
Black Belts and Red/Black Belts  
Brown, Red, Purple, Blue  
White, Yellow, Orange, Green

13, 14, 15 YEAR OLD: GIRLS  
Black Belts and Red/Black Belts  
Brown, Red, Purple, Blue  
White, Yellow, Orange, Green

FEMALE AND MALE SEPARATE SPARRING

Black Belt/Red and Black

Advanced: Red, Brown

Intermediate: Blue, Green, Purple

Beginners: White Yellow, Orange

AGES: 16 - 17  
18 - 32  
33 - 39  
40 - 49  
50 and over

## COMPETITION RULES FOR OLYMPIC SPARRING

\*All Belt Ranks may kick to head with a controlled technique.\*

### TOURNAMENT FORMAT:

Black Belts: 18 – 32	Two rounds, continuous, one & one half minutes each, 30 second rest
Black Belts: 33 & Older	Two rounds, continuous, one & one-half minutes each, 30 second rest
Black Belts: Junior 17 & Under	Two rounds, continuous, one minute 30 second rest
Color Belts: All Ages	Two rounds, continuous, one minute, 30 second rest

### GRAND CHAMPION SPARRING:

Black Belts: 18 – 32	Three rounds, continuous, two minutes, one minute rest per round
Black Belts: 33 – ++	Three rounds, continuous, one & one-half minutes, one minute rest per round

### LEGAL TECHNIQUES:

- Fore fist (NO open hand techniques, back fist, palm strike, knife hand, etc. will be allowed)
- Foot (Any part of the foot below the ankle)
- NO sweeps or takedowns permitted

### AREAS FOR SCORING:

Head Area (Controlled foot contact only. NO hand techniques to the head are permitted)

Body Area (Includes the area covered by the chest guard. Points will be awarded for effective hand or foot strike)

### VALID SCORES:

One point shall be awarded for any legal foot or hand strike executed with proper balance and technique. Corner judges will determine sufficient force for the awarding of a point (i.e. techniques must be delivered with enough power to satisfy the corner judges that a point has been scored).

### WARNINGS:

- ANY competitor that executes a kick to the head area that results in a minor injury, (bruising or abrasion) shall receive a one point deduction.
- ANY competitor that executes a kick to the head area that results in bleeding or the inability of the opponent to continue due to the injury shall be disqualified.
- Grabbing the opponent.
- Holding the opponent.
- Pushing the opponent with the shoulder, body or hands.
- Escaping contact by turning the back.
- Stepping out of bounds to avoid contact.
- Attacking with unauthorized implement (knee, elbow, etc.).
- Intentionally falling to avoid contact.
- Attacking the head or face with fist.
- Uttering undesirable remarks, or unsportsmanlike conduct (either by the athlete, coach or any other individual associated with the athlete).
- Gesturing to celebrate a score.

FAILURE TO COMPLY WITH THE RULES  
WILL RESULT IN A ONE POINT DEDUCTION OR DISQUALIFICATION  
AT THE DISCRETION OF THE CENTER REFEREE.

## POINT SPARRING

Divisions will be divided between male and female.

### AGE GROUPS

5 - 6  
7, 8, 9  
10, 11, 12  
13, 14, 15  
16 - 32  
33 - 39  
40 - 49  
50 + over

### DIVISIONS

Beginner - White, Yellow, Orange  
Intermediate - Blue, Green, Purple  
Advanced - Red, Brown  
Black Belt - Black, Red & Black

MANDATORY - All competitors must wear:

1. Mouth-guard
2. Full hand protectors
3. Full foot protectors
4. Full headgear including a padded top (Headgear that includes padding under and around the chin, or a face shield, will not be allowed. Other than the headgear, no item shall be worn on the head.

Optional - Competitors may wear:

1. Cloth or foam shin, shin/instep protectors
2. Cloth or foam forearm guards
3. Foam dipped/vinyl breast (women) and foam dipped/vinyl rib protectors, at their discretion.
4. All optional equipment must be worn under the dobok.

Compliance - A competitor has 2 minutes to comply with articles above or face disqualification.

# POINT SPARRING RULES

1. The duration of a kumite bout is defined as two (2) minutes running time.
2. The timing of the bout starts when the referee gives the signal to start and stops only when the referee designates an official time out. The center referee is the only official who may instruct the time keeper to start and stop time during the bout.
3. The result of a bout is determined by a competitor scoring Five (5) points or by obtaining a decision (competitor with the most points when regulation time expires is declared the victor).
4. A point is awarded on the basis of good form, correct attitude, vigorous application, perfect finish, proper timing and correct distance.

## TARGET AREAS FOR KYU RANK

CHEST, SIDES, ABDOMINAL AREA, KIDNEY, SIDE OF HEAD, BACK OF HEAD, GROIN AREA and FACE MASK AREA - (NO TOUCH TO FACE MASK AREA)

## TARGET AREAS FOR ADULT BLACK BELTS

FACE MASK AREA - (LIGHT TOUCH ONLY), CHEST, SIDES, ABDOMINAL AREA, KIDNEY, SIDE OF HEAD, BACK OF HEAD and GROIN

5. A competitor who steps out of bounds or steps on the out of bounds line with one or both feet and is not forced or propelled out of bounds while fighting will be penalized by a point awarded to the opponent for each infraction.
6. Face contact occurs when a competitor is touched in the face area which would normally be covered by a baseball player's catcher mask. Face contact does not include the top, sides or back of the head. Touching any portion of a competitor's headgear which covers any or all of the face mask area is not allowed and will result in a penalty point.
7. Points will not be scored for techniques delivered to the top of the head. The sides and back of the head are legal targets and may be touched with control. Any technique which results in movement of the head will be considered excessive touch and will result in a penalty point or automatic forfeiture of the match (FOUL) based upon the referee's assessment of the severity of the infraction.
8. Face contact is not allowed in all Kyu and junior black belt divisions. Only focused points short of contact will be allowed. If there is light touch to the face, a penalty point will be awarded to the offender's opponent upon the first occurrence. Upon a second occurrence of light touch to the face, the offender will lose due to automatic forfeiture (FOUL). Second time face contact is to be called even if competitors are out of bounds, the regulation time has expired, or after a referee commands a competitor to break or stop the match.

**DEFINITIONS OF LIGHT TOUCH:** Light touch means no penetration or visible movement of the opponent as a result of the technique. Light touch to the face mask area in all youth and adult Kyu divisions will result in a penalty point awarded to the offender's opponent. Light touch to the face is allowed in adult black belt divisions only.

**MODERATE TOUCH:** Moderate touch means slight penetration or slight movement of the target. Moderate touch to the head in all divisions will result in automatic forfeiture of the match (FOUL). Moderate touch to the body is allowed in all divisions.

**EXCESSIVE TOUCH:** Uncontrolled technique; any technique to the head or body that causes movement of the target in any direction, deep penetration, injury, unconsciousness, redness, swelling, or bleeding. Penalty for excessive touch is automatic forfeiture of the match (FOUL). Excessive touch foul overrides any and all other calls regardless of the sequence of the infractions.

## Prohibited Behavior and Non Legal Techniques

The following is forbidden and will result in a penalty point, automatic forfeiture (FOUL), or disqualification depending upon the referee's assessment of the severity of the infraction:

- \_\_\_ Techniques which target the neck or throat.
- \_\_\_ Techniques which make excessive touch. All techniques must be controlled.
- \_\_\_ Attacks to joints or instep.
- \_\_\_ Attacks to the face with open hand techniques (finger or palm strikes).
- \_\_\_ Throws or takedowns
- \_\_\_ Sweeps

## POINT SPARRING RULES (cont'd)

### Prohibited Behavior and Non Legal Techniques (cont'd)

\_\_\_ Techniques which by their nature cannot be controlled and compromise the safety of the opponent.

\_\_\_ Direct attacks to arms.

\_\_\_ Wrestling, pushing, or seizing without an immediate follow up technique.

\_\_\_ Any display of lack of regard for one's own safety.

\_\_\_ Feigning of injury in order to gain advantage.

\_\_\_ Any discourteous behavior from a competitor or of an official delegation can earn the disqualification of the individual from the tournament.

\_\_\_ Blind techniques. Spinning techniques are allowed but the competitor must acquire visual contact with the target prior to the completion of the technique.

\_\_\_ Any Elbow or Knee Strikes.

\_\_\_ Any Strikes to the top of the head.

\_\_\_ Any deliberate attempt to hit an opponent with excessive touch.

\_\_\_ Any uncontrolled techniques which move through or over the intended target area. All techniques must have a safe stopping point with pullback ability.

\_\_\_ Any grabbing when the competitor does not immediately execute a single effective scoring technique. Grabbing and executing multiple techniques is not allowed.

\_\_\_ Any butting or ramming with the head to the opponent's head or body; no choking, biting or hair pulling.

\_\_\_ Any discourteous behavior or remarks directed to any referee, judge, or other tournament official by a competitor, competitor's instructor, or anyone associated with the competitor may result in the competitor being disqualified from the event and/or the tournament.

\_\_\_ Coaching is not allowed. If this happens, the referee will issue a warning to the individual committing the offense. A repeat offense will result in the competitor being disqualified.

Penalty Warning, Point Violations or Foul shall be divided into two (2) independent categories: Technical and Personal.

\_\_\_ Personal Penalties and/or foul violations are those actions of a competitor committed on or directed to another competitor. A personal violation shall be described as but not necessarily limited to failure to promptly respond to commands rendered by the referee, techniques which are unsafe and/or lack control, or any other physical act or omission that may result in any injury to either competitor.

\_\_\_ Technical Penalties and/or foul violations are those other than personal that shall be described as but not necessarily limited to uniform and/or equipment as required for competition, personal cleanliness, any act or omission which demonstrates a lack of respect to any official or competitor, failing to observe the time and place of competition, failing to adhere to the instructions and/or commands of any tournament official, feigning of any injury, or failing to compete (excessive waste of time or running during a match).

The authority of the referee with regard to personal and technical violations is hereinafter defined:

\_\_\_ The referee shall have the authority to award warnings or point violations for all technical violations without a majority consensus.

\_\_\_ The referee shall have the authority to impose a warning (except for touch violations) or penalty point for personal violations without a majority consensus. A conference with the judges may be necessary in this instance prior to judgment

The referee shall have the authority to resolve administrative infractions or errors in an expedient manner consistent with the intent and purpose of the official tournament rules and procedures handbook (i.e., scorekeeping or timekeeping errors).



## Tag Team Rules

(\$60 per team)

1. 2 people per team — \*All the same Gender (all male or all female)\*  
\*Within the same weight class\*  
\*Within the same Belt Rank\*

2. Time: One round – 5 minutes (Olympic Sparring Tag Team)

3. Time: One round - 6 minutes (Points Sparring Tag Team)

**\*Each player must be in the ring 2 times or the team will be disqualified (rule applies to both styles of Tag Team)\***

4. Must raise hand to tag out and be acknowledged by the center referee.

5. Same rules as Olympic Sparring/Point Sparring

6. Awards will be given for 1st, 2nd, and 2 for 3rd place Teams  
\*Individual awards will also be presented\*

**7. Weight will vary with some athletes (10 – 15 lbs) above or below what is listed. This is ok with instructor, coach or parent's permission.**

### Belt Ranks

(Same for adult & Children)

1-Green, Blue, Purple

2-Brown, Red

3-Black, Red and Black

### Adult Male Weight

\*Light = 149 and below

\*Heavy = 150 and above

### Children Male Weight

\*Light = 105 and below

\*Heavy = 106 and above

### Adult Age Ranges

\*Ages 18 - 32

\*Ages 33 - 40

\*Ages 41 and above

### Adult Female Weight

\*Light = 129 and below

\*Heavy = 130 and above

### Children Female Weight

\*Light = 100 and below

\*Heavy = 101 and above

### Children's Age Ranges

\*Ages 8 and 9

\*Ages 10 and 11

\*Ages 12, 13, 14

\*Ages 15, 16, 17

## TAG TEAM REGISTRATION FORM

\$60 per team; team consists of 2 competitors.  
Team must be all male or all female.

Competitor Name	Age	Gender	Belt Rank	Weight
1.				
2.				

**Please check style: Olympic Sparring\_\_\_\_\_ Point Sparring\_\_\_\_\_**

### LIABILITY RELEASE

I have read and understand this release, and do hereby release and discharge any and all rights and claims for any damage which I may have or which may occur to me, against Vera Harrison/Mary Dorris/Harrison and Dorris College of Martial Arts, First English Lutheran Church and any Representatives or officials involved in this tournament. I am competing at my own risk and I am physically and mentally fit for these events.

I have consulted with my physician and am able to participate. I, the participant assume all risks, including injury and death, I understand that sparring is a contact sport and by participating I may incur injury. By signing this document, I agree to waive any and all claims against the afore mentioned.

I also agree that Vera Harrison/Mary Dorris/Harrison and Dorris College of Martial Arts, First English Lutheran School and any Representatives or officials involved in this tournament are not liable for any harm incurred to or on my person in the course of travel to and from this event.

Signature of Competitor: \_\_\_\_\_ Date \_\_\_\_\_

Or responsible Person/Guardian if competitor is under **age 21**.

Signature of Competitor: \_\_\_\_\_ Date \_\_\_\_\_

Or responsible Person/Guardian if competitor is under **age 21**.

DIRECTIONS TO THE DOUGLAS GROSE MEMORIAL MARTIAL  
ARTS TOURNAMENT AND SEMINAR  
FRIDAY NIGHT SEMINARS AUGUST 9, 2013  
SATURDAY TOURNAMENT AUGUST 10, 2013

FIRST ENGLISH LUTHERAN CHURCH  
725 E. FORREST HILL AVE.  
PEORIA, IL 61603

PLEASE CONTACT MS. HARRISON NOT THE CHURCH  
309.251.8588

HEADING EAST ON I-74

1. TAKE I-74 TO THE UNIVERSITY EXIT
2. TAKE A LEFT ON UNIVERSITY
3. TAKE UNIVERSITY TO FORREST HILL
4. TURN RIGHT ONTO FORREST HILL AND FOLLOW SIGNS

HEADING WEST ON I-74

1. TAKE I-74 WEST TO UNIVERSITY EXIT
2. TAKE A RIGHT ON UNIVERSITY TO FORREST HILL
3. TURN RIGHT ON FORREST HILL AND FOLLOW SIGNS